

## Upstate Lacrosse Festival Rules

All divisions will use USA Lacrosse Rules with the following exceptions and clarifications:

1. **Eligibility:** It is the responsibility of each team to ensure that all players meet age eligibility requirements for the division in which they participate.
2. **Timing:** Games are scheduled in 50-minute blocks. All games will consist of two (2) 21-minute running time halves with a three-minute half-time. Penalty time will stop and start on the whistle. Personal fouls will be timed at 1-minute, and technical fouls timed at 30-seconds. All fouls are released if the man-down team is scored on, unless otherwise indicated by the officials. *\*Note – game duration and halftime may be shortened by the mutual agreement of participating teams. Also, at the discretion of the tournament organizers, game times may be shortened due to inclement weather, or to keep the tournament on schedule. Officials may stop time at their discretion.*
3. **Competition Format:** The K/2 division (2032-2034) will be 8 v 8, 3-4<sup>th</sup> division (2030-2031) and the 5-6<sup>th</sup> (2028-2029) will both be 10 v 10. Face-off will be held after each goal. Penalized players in 2032-33 division must sub off the field, no man advantage will be granted to the fouled team. The K/2 division will have a one-pass rule before a shot can be taken on goal.
4. **Long Sticks:** The use of long sticks is option in the 3-4 and 5-6 divisions and is not allowed in the K-2 division.
5. **Checking:** There will be no tolerance of one-handed stick checks at any division. No body checking of any kind is permitted. Excessive contact, initiated by the ball carrier, to include leading with the helmet may be called as a 2-minute, full-time served foul on the team with possession.
6. **Expulsion, Ejection, or Fighting:** Any participant (player, coach, team official, or spectator) who is ejected during the tournament must leave the venue, no refunds will be granted. No profanity or unsportsmanlike conduct will be tolerated from anyone on the grounds. Offending team(s) may be disqualified.
7. **Weather Delay:** If a weather-related evacuation occurs during the first half of a game, the teams will return to play the second half of the game and the entire schedule will be delayed by the duration of the delay. If the evacuation occurs during the second half of a game, that game may be terminated and the score at the time that play was suspended will be the final score; the next round of games will be played when play resumes and the remaining schedule will be played on a delayed basis in its entirety. No refunds will be issued for games that are cancelled for unforeseen reasons related to unsafe playing conditions.